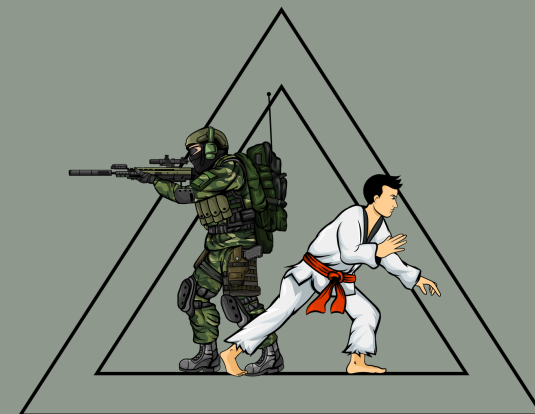




Helping local Veterans one roll at a time.

**JIU JITSU  
FOR  
VETERANS**

Helping veterans with PTSD  
by:

- Building a community
- Giving them a safe place
- Tools to improve physical health and mental health.

All with the help of Jiu Jitsu  
and Muay Thai

# About GY6

We are a 503C nonprofit organization. Every single donation goes straight back to veterans that are battling PTSD or other mental health issues.

I'm a USMC combat veteran with PTSD. In 2018 I discovered Jiu Jitsu by accident and I fell in love it. My wife saw the impact Jiu Jitsu had on me mentally and now we want to share it with other veterans and pay it forward.

## Let's Connect

### Phone

(510) 377-8090

### Social media

IG: gy6\_foundation

### Email

gy6foundation@gmail.com

### Donations



**EIN (Federal Tax ID): 86-3610410**

### Online Store



**If your a veteran and wants to try the following, reach out to us.**

- Jiu Jitsu
- Muay Thai/Kickboxing
- Boxing
- Yoga





PHOTOGRAPHY

## Special Thanks to:

The Following people help make GY6 be a reality.

**JXR Constructors Inc**  
www.jxrconstructors.com



Based out of San Diego  
JXR was our first donor  
/ sponsor.



**Professor Thomas**  
Head Instructor

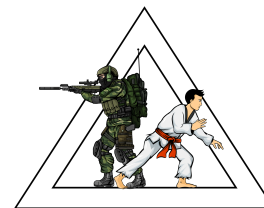
Welcomed us to his  
gym with open arms.



**Claudio Franca Gym Family**

Everyone in all gyms made  
us feel like family.

## Building a support system through Jiu Jitsu



**GY6**

## OUR PROGRAM

1. We cover the veterans gym membership and monthly fee for a year.
2. Provide a safe and welcoming facility.
3. Provide information and help with veteran benefits.

